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Kathleen Chang, MD

Pediatrics

Welcome to my homepage! I hope you find this website useful in learning more about Kaiser Permanente and about my practice. Finding a pediatrician to entrust with the care of your child can be difficult, but fortunately, there are many wonderful and well-qualified pediatricians within the Kaiser family.

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My Offices

San Jose Medical Center
Appt/Advice: 408-362-4740

See all office information »

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Background

My decision to become a pediatrician was a natural one for me. I have spent most of my life working with children. It is such a joy and a privilege to see children explore and enjoy the world around them. As a healthcare provider, my goal is to help ensure that children have the best opportunity to live healthy, fulfilling lives. Reaching that goal takes a good relationship between the pediatrician and the child's caregivers. Thus, I hope that I can be someone whom you can turn to for guidance, resources and support.

I have my parents to thank for a wonderful childhood. I grew up in southern California where my sister and I enjoyed many trips to the beach and, of course, Disneyland. I attended U.C. Berkeley for college, double-majoring in neurobiology and psychology. I returned to Southern California for medical school at U.C. San Diego, but I knew my heart was still in Northern California. After graduating from medical school, I ventured back north to complete my pediatric residency and infectious diseases fellowship at Children's Hospital & Research Center Oakland. The best and most rewarding training, however, has been the birth of my own son. Dealing with the demands of a newborn has really helped me appreciate how difficult childcare can be. Motherhood has not only provided me with a unique insight into parenting, it's also shown me how thrilling it is to see your own child achieve his or her milestones. I look forward to sharing parenting experiences with you and seeing your child grow and develop.

My medical interests include: Infectious Diseases and Newborn Care.

I hope that you have the opportunity to take advantage of the many resources that Kaiser Permanente has to offer. The best way to keep your child healthy and happy is to be proactive! This means everything from ensuring your child's immunizations are up to date, to encouraging a well-balanced diet, to taking an active interest in your child's life so that you know what stressors your child may face. Be sure to explore the blue side bar on the left. There are health education classes on asthma, pre-travel services, links to the teen clinic and more. This is your chance to provide the very best for your child!

Credentials

Medical Education	UC San Diego, San Diego, CA
Residency	Children's Hospital, Oakland, CA
Fellowship	Children's Hospital, Oakland, CA
Board certification	Pediatrics, American Board of Pediatrics

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General References

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- La Guía en Español
- Drug Encyclopedia
- Natural Medicines Comprehensive Database